

Timothy J Wahle, D.D.S.

3434 Villa Ln #180
Napa, Ca 94558
707.224.3148

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I suffer from chronic migraines and TMJ. I have tried everything to find pain relief with no real success.

I was introduced to Joe in March 2021 and given the Temple Massager to try.

I used it daily for the first two weeks and started to notice a difference in how my Jaw felt; looser, more relaxed, less pain. By the end of the first month I was only needing it a few times a week.

It's been three months and the difference from when I began is incredible!

I am having less than half (1-2) of the debilitating Migraines that I was having every month (8-10)!

The Temple Massager allows me to focus on the specific area of pain or tightness and massage it. I am able to adjust the pressure, how hard I push, and how long I use it. The Temple Massager lets me get rid of the pain before the Migraine hits!

The added bonus is that it's adjustable so I can also use it on my neck, shoulders, and knees!

I am honored to have been chosen to participate in this study.

It has been life changing!

Kelly B.

Napa, California.